

Don't forget glycopyrronium bromide in Frey's syndrome

Frey's syndrome is a rare condition and many people are not aware that glycopyrronium bromide is a simple and effective treatment, because it is not readily available. In one case, a female patient who developed gustatory sweating on the left side of her face 5 years after a left superficial parotidectomy, was told that there was no treatment available. Treatments such as commercial antiperspirants, topical aluminium chloride 20% in alcohol, stellae ganglion blocks, tympanic neurectomy and subdermal insertion of fascia lata grafts have been used successfully, but topical glycopyrronium bromide is the simplest. It is available as 1 and 2% cream or gel, and the patient found that a 1% gel was effective for up to 5 days, and was cosmetically acceptable. The only adverse effect was occasional dry throat.

Stegehuis HR, Ellis B Treatment of Frey's syndrome (gustatory sweating) with topical glycopyrrolate case report *New Zealand Medical Journal* 102 479. 12 Sep 1989 [Summarised from a letter to the Editor]

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